

BAGELS

Plain, Poppy Seed, Sesame, Onion, Raisin,
Everything, Whole Wheat 1.59
With Butter 2.09
With Cream Cheese 2.89
With Tuna Salad 5.99
W/ Lox, Scallion, Veggie C. Cheese 3.49
W/ Nova Lox and Cream Cheese 8.09

PASTRIES

Muffins, Blue Berry, Corn, Oatbran 2.59
Croissants 2.09
Cookies 1.79

Salads

GREEN SALAD 6.49
Leaf Lettuce, Tomato, carrots, sprouts, Cucum-
bers
ORGANIC MESCLUN SALAD 6.49
Salad Add On's ½ Avocado 1.59
Tuna salad 2.29

CHOICE OF DRESSING: Blue Cheese, Creamy
Italian, Lite Italian, Russian, French, Oil & Bal-
samic Vinegar

Soups

DAILY SOUPS 4.49/5.49
Served With Bread

OUR PRICES ARE TAX INCLUDED

BUILD YOUR SANDWICH

STEP 1, CHOOSE YOUR PROTEIN, ONE ITEM:

* Smoked Turkey * California Avocado
* Fresh Mozzarella * Tuna Salad
* Black Forest Ham * Roast beef

STEP 2, CHOOSE YOUR VEGGIES, 3 ITEMS:

Cucumber* Carrots* Sprouts* Lettuce*
Tomato*Pickles*Sun Dried Tomato* Roasted
Peppers *Mixed Greens

STEP 3, ADD THE SPREAD:

Dijon Mustard, Honey Mustard, Russian, Pesto,
Horseradish Mayo, Hellman's Mayo

STEP 4, ADD SOME CHEESE, CHOICE OF:

American*Muenster*Swiss Cheese* Pepper
Jack

Carbs: French Baguette, 7 Whole Grain, Bagel

BUILD YOUR OWN SANDWICH 8.99

EXTRAS: 1 Veggie 0.75 ½ Avocado 1.79
¼ Avocado 0.90

Double Cheese Add 1.75

Double Meat Add 2.89

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SANDWICHES

1-Mozzarella, Tomato & Pesto..... 7.99

2-Avocado, Tomato, Swiss Cheese, Mayo 8.99

**3-Smoked Turkey, Pepper Jack Cheese,
Lettuce, Tomato, Honey Mustard..... 8.99**

**4-Black Forest Ham, Swiss Cheese,
Lettuce, Tomato, Mayo 8.99**

**5-Roast Beef, Muenster Cheese, Tomato,
Lettuce, Roasted Peppers Mayo 8.99**

**6-Smoked Turkey, Avocado, Sprouts,
Sun Dried Tomato, Mayo 8.99**

**7-Roast Beef, American Cheese, Lettuce,
Tomato, Horse Radish Mayo 8.99**

8- Tuna Salad & Veggies 7.99
(Lettuce, Tomato, Carrots, Cucumbers,
Sprouts)

9- California Avocado & Veggies..... 8.99
(Lettuce, Tomato, Sprouts, Cucumbers,
Carrots, Peppers, Baby Greens, Mayo)

**10-Tuna Salad, Avocado, Swiss,
Sprouts, Mayo 8.99**

BREADS:

FRENCH 7 WHOLE GRAINS
* BAGEL.

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